Release of Claims Form
Beginner's Cycle

I, _____ (print name), am about to participate in martial arts training at Seven Star Women's Kung Fu. By enrolling in these activities I certify that I am cognizant of all of the inherent dangers of training in martial arts including the possibility of personal injury.

I understand that it is not the function of the instructors or the participants to serve as guardians of my safety.

I understand and agree that neither this school nor its owners, operators, agents or instructors, including but not limited to Michelle McVadon, may be held liable in any way for any occurrence in connection with training in martial arts which may result in injury or other damages to me or my family, heirs, or assigns.

This includes injuries that result from any negligent acts or omissions, whether injuries are incurred during a regular class, an extended class, an extra class, open sparring, a seminar, an off-site class, a belt test or any other Seven Star event.

I further state that I am of lawful age and legally competent to sign this affirmation and release, I understand the terms herein are contractual and not a mere recital, and I have signed this document as my own free act.

I have fully informed myself of the contents of this affirmation and release by reading it before I signed it.

I hereby agree to all terms and conditions of this release.

Signature:_____

Date: _____